

Chit Chat



Inside this issue:

<i>Registry of Deeds</i>	2
<i>Weight Watchers</i>	2
<i>DOC</i>	3
<i>Friends of Activities</i>	4
<i>Change a Light Campaign</i>	4

A BIG Thank you.....

I would like to take this opportunity to thank all those people that have helped me out during this time of transition, especially Gloria Bonneau, Pam Jones, Pat Barrette and Sam Fletcher!!!

• Julie Woodman

Around the County..... *Ed Gil de Rubio, County Manager*

I hope everyone is having a great summer! The weather has been cooperating and the signs of season are abundant. With the coming of summer comes the annual County Convention and the zenith of our budget process. On July 13 the budget amount of \$27,330,610 was passed by the Delegation ending the six month budget preparation cycle. Just think, another six months and we start the whole process again.

The Department of Corrections has a new Superintendent. Ross Cunningham from Northfield, NH is scheduled to begin work at the DOC on August 20. Ross is a former major in the State of New Hampshire's correctional system. He brings 18 years of experience and a management style that is open and proactive. The Commissioners and I welcome Ross and wish him the best of luck.

Another change, LandMark Health Solutions became the new management consultant at Sullivan County Health Care on July 1. David Laplante is the new interim Administrator and Lori Ciraso assumes the role of Interim Director of Nursing. David

has an extensive background in Long Term Care, Skilled Care and Assisted Living. The experience that David and the LandMark team bring to Sullivan County will help keep us focused on providing our residents the quality of care that they deserve and have come to expect from Sullivan County Health Care.

The County has just installed a new telephone system. The previous system located at the Nursing Home was literally on its last legs. The new system is broken into three components or servers, one located at the Nursing Home, one at the DOC and the final server at the Newport facility. This new system enhances the County's ability to properly channel all calls and monitor voice messages. Initially, there were some minor glitches but overall the installation went smoothly.

Recent grant awards:

- ✓ U.S. Department of Justice Office of Juvenile Justice Delinquency Prevention for \$31,740. A planning grant for the Department of Corrections to work with juvenile offenders.
- ✓ Strategic Prevention Frame-



work, a two year grant for \$464,504 to establish a citizen's coalition to work with health and substance abuse issues.

- ✓ Phase II Grant for the All Health Hazards Region Grant. Phase I of this grant was just completed with a successful table top exercise. It is the hope to use Phase II funding approximately \$37,000 to continue our progress in establishing a fundamental program to implement when a health hazard such as the Avian Flu appears in our region.
- ✓ UNH Cooperative Extension with Newport Enrichment Team (NET) just received a grant from J. C. Penney for \$9,000. This grant will be used by the NET for after school programs.

See you in the Fall.



News from the Registry of Deeds

Happy Summer!!! to everyone. All has been going well here at the Registry of Deeds. First, I would like to say welcome to two new employees: Janet Gibson, who joined us on March 5th, 2007 and to Sherry Waters, who joined us on June 4th, 2007. **Welcome ladies!!** Glad to have you both on board.

All has been going well here. Real Estate industry has slowed down substantially. The 'slow down' periods gives the Registry time to get other things done. All records from 1827 to current day have been scanned or entered into the computer system. We just recently replaced all roller shelving units to 'house' the

hard copies of the registry's record books and added more shelving units to accommodate up and coming grantor/grantee indexes. I might say: We look beautiful!!!! **Many thanks** to Greg Chanis and his gang for their help.

The registry sent out 82 Grantor/Grantee indexes to be restored, we are expecting their return anytime now. With 9 volumes left to restore, this completes the restoration of the record volumes here at the Registry. We are in good shape!

Stop by, take a tour of the registry, see the restored volumes and new equip-

ment, do a little research on the computer, chit chat with the staff and don't forget to visit our website at: www.nhdeeds.com.

It is with much appreciation that I and my staff would like to also say: **"Thank you"** to the County Commissioners, Mr. Gil De Rubio, and members of the Sullivan County Delegation for their support of the restoration projects and replacement of the equipment.

The staff here at the Registry and myself would like to wish everyone a happy, healthy and fun-filled summer!

All records from 1827 to current day have been scanned or entered into the computer system.

Wellness Program News, Next Steps & Weight Watchers

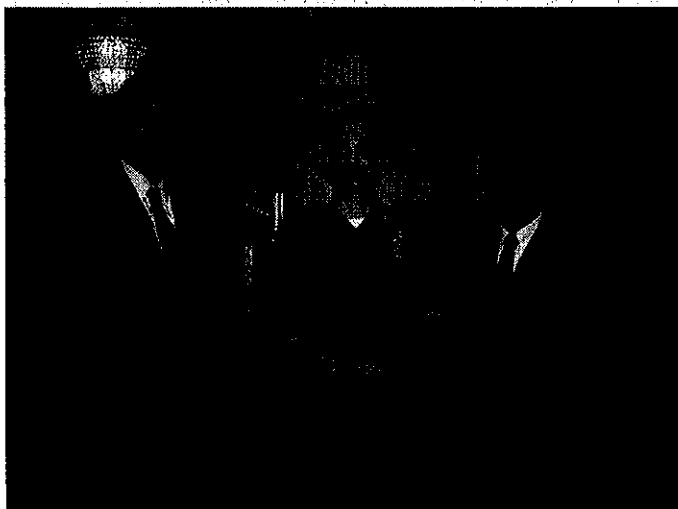


Thank you to those employees who participate in the first session of our next step program. Winners for the \$250 prizes were Donna Gobin and Dodi Violette, congratulations ladies.

For those of you who do not remember or were not here when it started, the Next Steps program is a diet and exercise program focused on the average "Joe" and trying to help them work towards starting a healthier lifestyle through the increased intake of Fruits and vegetables, and increased walking. We have had some great feedback, and hope that everyone who participated the first time will again in September, we also want to encourage those of you who didn't to come and check it out.

WEIGH WATCHERS is at work here at Sullivan County, and we are closing up our first 13 week program and accepting people into the next session. The cost for first time employees through the County is \$74 for a 12 week session, or \$105 for a 17 week session. We have had great success so far, participants have lost 173 pounds and still counting, 3 weeks to go!!!! Please let me know if you are interested by emailing me or calling me at extension 286. Payment arrangements can be made via this office through auto deduction from your paycheck. And remember, you can get reimbursed from our insurance company if you did your Personal Assessment earlier in the year. Weigh-ins begin at 2:24p on Thursdays.. Let's keep it going!!!!

Department of Corrections



From left to right – Lieutenant D. Roberts, Officer K. Howard and Officer J. Brookens

The Department of Corrections would like to congratulate Officer Kenneth Howard for successfully completing the 72nd New Hampshire Associations of Counties Corrections Academy.

This academy was held from June 18 to July 13, 2007 and consisted of a vigorous four week schedule in which Officer Howard received specialized training in the correctional field.

During the graduation ceremonies, United States Senator John McCain made an unscheduled stop and spoke to the graduating class for approximately fifteen minutes. Senator McCain stated that, "In today's society those who choose this profession are true heroes and I am humbled to be in your presence".

Back in February of this year, Officer Howard was promoted to Community Corrections Officer and who now works out of the Transitional Housing Unit at the Sullivan County Health Care. Please join me in congratulating Officer Howard for representing the Department of Corrections in a professional manner for a job well done.

Corporal D. Gokey

US Senator John McCain

YEARS OF SERVICE

The Department of Corrections would also like to congratulate the following officers for their many years of service and dedication.

Sergeant Sherri Lee – July 9, 23 Years of Service

Officer Jonathan Holbrook – July 11, 2 Years of Service

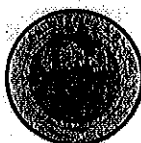
Corporal Sean Mellish – July 29, 11 Years of Service

Captain John Milliken – August 1, 14 Years of Service

Officer Marc Johnson – August 8, 1 Year of Service

Lieutenant Doug Roberts – August 26, 13 Years of Service

Sergeant Micky Michaels – August 28, 12 Years of Service



Sullivan County NH Employees

“Change a Light Campaign”

In collaboration with the National Association of County's “*Change a Light*” campaign, the County of Sullivan NH is encouraging County employees to submit a pledge between **July 1st** and **September 13th** to change the most frequently used light in their home to an energy efficient light.

Changing a light is a simple step to preserving our resources ... you save money and it helps protect our environment! Changing out a conventional light bulb for an energy efficient light bulb (that uses 1/3 less the electricity) saves more than \$30 in electricity costs (based on 10,000 hour rated lifetime bulb). Taking this step also reduces carbon dioxide emissions by 600 pounds – reducing our carbon footprint!

It's easy to submit a pledge on line at: www.naco.org/changealight After, submitting the on-line entry, a page appears thanking you for your pledge. On the right side of that screen, you'll see a link to a coupon or an opportunity to purchase energy efficient bulbs on line.

Or, you may pick up or fill out and leave your pledge card at either of the following locations:

- Unity, Sullivan County Health Care – Human Resource Office
- Unity, Department of Corrections – Mrs. Keefe's Office
- Newport, County Commissioners Office

Once your pledge card is received, NACo will provide you with an *Office Depot* \$3 discount coupon that can be used towards the purchase of an Energy Star light bulb.

Our goal is 275 pledges received by September 13th – 100% participation!

Let's go Sullivan County NH!

From: The Sullivan County Board of Commissioners, County Manager and Commissioners Office staff
Contact Person: Sharon Johnson-Callum, Administrative Assistant
sharonjc@sullivancountynh.gov
Tel. 863-2560 Ext. 105

Friends of Activities is Here!!!

As you may have seen the flyers around the facility, and penny collection jars in your department, the Friends of Activities Association is up and running. We have successfully established a non-profit fund raising association for the purposes of raising money to fund supplies, activities, and social events for the residents of Sullivan County Health Care, beyond the monies available through the County Budget.

It is the mission of this Association to enhance the quality of life of the residents of Sullivan County Health Care.

There are currently 2 fundraisers in process. The first is the July penny drive. Each department/unit has been designated a container to raise as much money through pocket change in the month of July. The department/unit that raises the most money will receive celebration goodies. This is a nice friendly challenge between departments.

The 2nd fundraiser is our 20/20 raffle tickets. There are only 250 tickets available. They cost \$20 each. They are on sale now through September 1st. Beginning September 10th there will be \$100 a day drawing through September 24th, \$125 drawing on the 25th, \$150 drawing on the 26th, \$175 drawing on the 27th, \$200 drawing on the 28th, and finally a \$250 drawing on September 29th. You have multiple chances of winning as your name is returned to the raffle bucket for the next days drawing. If you are interested in purchasing or selling these tickets, please contact Ann LaBelle, Greg Chanis, Heather Presch, or Shirley Allard.

Anyone interested in becoming a member of this Association should contact Ann LaBelle, President. There is a \$1 membership fee for the year.

Activity Department Update

As you know, summer is a busy time of year for vacations, family visits, and summertime fun. The Activity Department is working hard to meet all of our residents needs. Beginning July 23rd, we've changed the afternoon programming to allow 2 staff members to be on the MCU most days during the week. Please have patience with us as we're getting through the vacation season.

A HUGE THANKS TO MY STAFF

I'd like to take a moment to give a huge thanks to my staff, The last week in July we had a team meeting where we listed and prioritized our goals for this year.

They have transitioned through many changes and continue to bring joy and happiness to the residents every day. Nice job, Melissa, Kenny, Sarah, Barbara, Shirley, Agop, Kat, & Heather.